

Let's emphasize relationships and traditions instead of mass-produced things.

Let's avoid stress and debt and promote alternative giving – helping needy people – instead of spending so much on ourselves.

## Alternatives for Simple Living

"Equipping people of faith to challenge consumerism, live justly and celebrate responsibly" since 1973 800-821-6153

Alternatives@SimpleLiving.org www.SimpleLiving.org

www.SimpleLiving.org concept: Robby Mason / recycled paper / also available as a greeting card

## Giving alternative gifts...

- Give 25% of what you spent last year to needy people... individuals or groups locally, nationally or internationally.
- Practice Fair Trade. Buy crafts and clothing from developing countries at alternative gift markets, not from commercial importers, so that artisans receive more for their work.
- Give of yourself rather than "stuff" a coupon book for future services (such as baby-sitting or an "enchanted evening"); something baked, sewn, handmade, composed, etc.; or a family service project, such as working together at a soup kitchen.

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